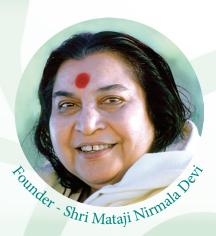
## SAHAJAYOGA MEDITATION Achieve True Peace Within



## CELEBRATING INTERNATIONAL YOUTH DAY

Free Meditation Workshops for Youth, Parents & Carers 'Meditation skills for life, especially for the young and young at heart!'

> Saturday 6th August Gidgegannup Meditation Centre, 1216 O'Brien Rd Gidgegannup 1.00pm to 3.00pm

Light refreshments provided **Enquiries: Helen 1300 725 252** 

6 - Forgiveness

For further information and other events around Australia go to: www.freemeditation.com.au/youth

## **Free of Cost**

"It's absolutely freely coming to you. So you cannot pay for it. It's Love, and Love you cannot purchase." ... Shri Mataji