SAHAJAYOGA MEDITATION Achieve True Peace Within



CELEBRATING INTERNATIONAL YOUTH DAY

Free Meditation Workshops for Youth, Parents & Carers 'Meditation skills for life, especially for the young and young at heart!'

> Sunday 7th August Gold Coast Multicultural Festival Southport Broadwater Parklands Gold Coast Highway, Queensland

> > 10.00am to 4.00pm

Enquiries: David 0414 438 243

6 - Forgiveness

4 - Lov

For further information and other events around Australia go to: www.freemeditation.com.au/youth

Free of Cost

"It's absolutely freely coming to you. So you cannot pay for it. It's Love, and Love you cannot purchase." ... Shri Mataji