

SAHAJAYOGA MEDITATION

Achieve True Peace Within



Founder - Shri Mataji Nirmala Devi

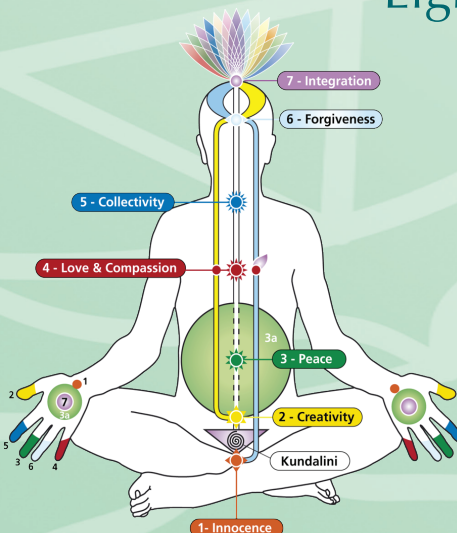
CELEBRATING INTERNATIONAL YOUTH DAY

*Free Meditation Workshops for Youth, Parents & Carers
'Meditation skills for life, especially for the young
and young at heart!'*

Sunday 7th August
Sahaja Yoga Meditation Centre
77 Chewings Street
Scullin Canberra
10.30pm to 12.45pm

Enquiries: Phillip 02 6257 2057 or Lyn 0410 177 822

Light refreshments provided



For further information and other
events around Australia go to:
www.freemeditation.com.au/youth

Free of Cost

*"It's absolutely freely coming to you. So you cannot pay for it.
It's Love, and Love you cannot purchase." ... Shri Mataji*