



40 Year Celebration of SAHAJA YOGA MEDITATION IN AUSTRALIA

Our founder Shri Mataji

We would like to invite you to an event in honour of our teacher and the founder of Sahaja Yoga Meditation, Nobel Peace Prize Nominee, HH Shri Mataji Nirmala Devi, and her life's work.

Shri Mataji Nirmala Devi devoted her life to the ongoing process of human transformation through Sahaja Yoga Meditation. She travelled the world ceaselessly, spreading her message of the integration of all religions and spiritual paths.

FREE MUSIC AND MEDITATION CONCERT



Sahaj Sangeet

Saturday 20th March 1.30pm

Sandgate Town Hall
Cliff & Seymour Streets
Sandgate, QLD 4017

FREE ADMISSION

www.freemeditation.com.au

- 1.30pm Musical Concert of Bhajans
- 2.00pm Introduction to Sahaja Yoga and Self Realisation
- 2.15pm Meditation
- 2.30pm Video talk by our Founder HH Shri Mataji and Meditation
- 3.30pm Refreshments
- 4.00pm Close

