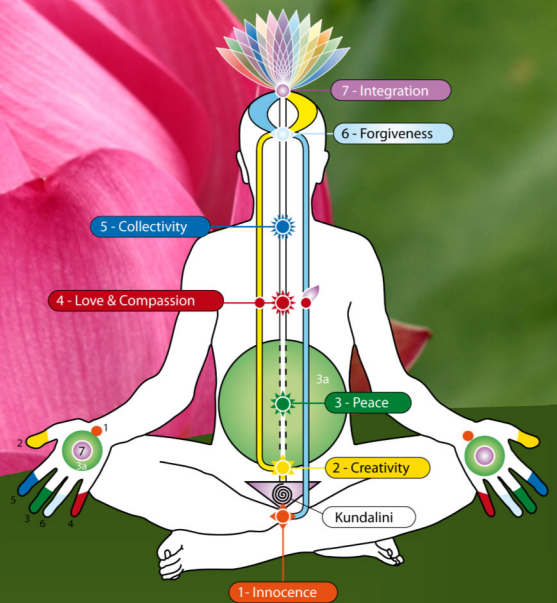


Live Stream from Sahaja Yoga Meditation



“You cannot know the meaning of your life until you are connected to the Power that created you.”

Shri Mataji Nirmla Devi



Establishing Your Self-Realisation & Knowledge of the Chakras

Live Streaming on YouTube
Thursday 30th May 2019
6pm to 7pm (Sydney time)

Go to www.freemeditation.com.au/live

During this live webcast, we'll cover the importance of nurturing your Self Realisation and how regular meditation strengthens the awakened mothering Kundalini energy to bring about mental, emotional, physical and spiritual wellbeing. Session will include more information about our Chakras (energy centres) and guided meditations.

Newcomers can view our previous webcast on the above link to learn more about Self Realisation before joining this webcast.



Scan QR code with mobile device for live stream website.

Presented by Sahaja Yoga Meditation Australia
Free weekly meditation classes around Australia and Worldwide or meditate online anytime.

Live stream at www.freemeditation.com.au/live Enquiries 1300 724 252