

# Are you a regular Sahaja Yoga meditator and want to learn more?

“You cannot know the meaning of your life until you are connected to the power that created you.”

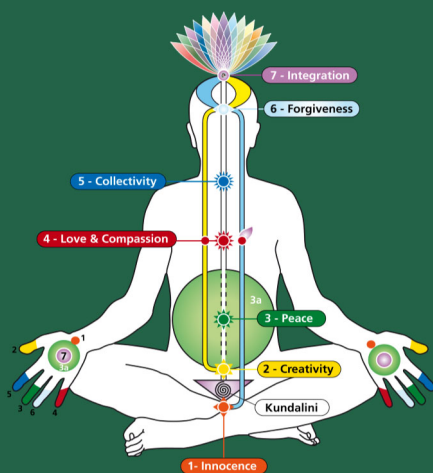
Shri Mataji Nirmala Devi



Shri Mataji - founder

## Free Advanced Meditation Classes Every Tuesday 7-15pm to 8-30pm Ashfield Town Hall, Activity Room No. 4 260 Liverpool Road, Ashfield

(If gates/doors to building are closed, please call us on the phone numbers below.)



- Suitable for those who are familiar with Sahaja Yoga and may have attended our classes (or online) and wish to learn more.
- Guided meditations, more information about Sahaja Yoga, the chakras and how to deepen your meditative experience.
- There will also be a talk by Shri Mataji and meditation music.
- Free, Join in at anytime, No booking required.



Contact : Eero 0422 448 250 or Abhijeet 0413 079 353

Presented by Sahaja Yoga Meditation Australia

More at [www.freemeditation.com.au](http://www.freemeditation.com.au)

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