

*Celebrating 40 Years of
Sahaja Yoga Meditation in Australia*

MEDITATION

Music, Dance & Meditation

A program of music, dance and meditation
by Sahaja Yoga Meditation.

Featuring performances inspired through
the experience of deep and tranquil
meditation.

Discover the peace of true meditation for
mental, emotional, physical and spiritual
wellbeing. Always Free



**Saturday 20th March 2021
4pm to 5.30pm**

**Yarram Community Centre Fitness Zone
251 Commercial Road Yarram**



FREE EVENT

Enquiries: Call Colin on 0419 308 212
Hosted by Sahaja Yoga Meditation Australia
www.freemeditation.com.au
Scan QR code for website