

## Mantras for the Elements



“Nature, everything, every leaf, every flower — everything is worked out through the Divine Power.”

– Shri Mataji

The mantras for the elements are recited using the full mantra form.

For example, to help clear the mooladhara chakra, we can use the mantra for the earth element.

Om twameva sakshat  
 Shri **Bhoomi Devi** sakshat  
 Shri Adi Shakti Mataji  
 Shri Nirmala Devi  
 Namoh namah

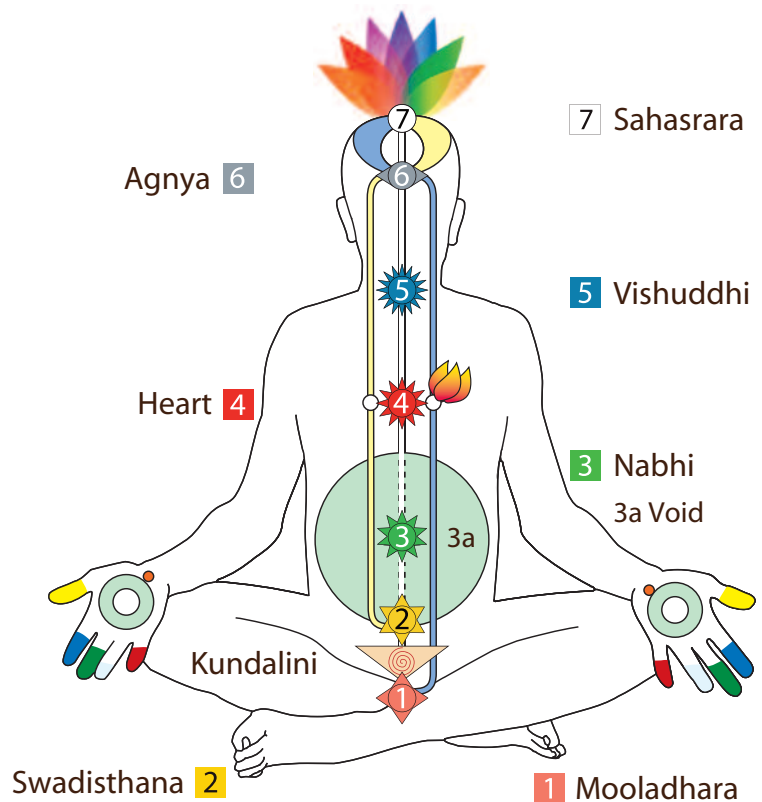
Ether  
 Shri **Akasha**

Air  
 Shri **Vayu**

Water (The Ocean)  
 Shri **Samudra Devata**

Fire  
 Shri **Agni Devata**

Earth  
 Shri **Bhoomi Devi**



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