



# The Sahasrara Chakra



Mantras Series 7: The Three Great Mantras





# Sahasrara Knowledge

“When the **Kundalini** reaches the Sahasrara, the lotus petals open and **enlightenment** takes place (Samadhi). You may feel a powerful pulsation in the crown of the head, followed by a melting sensation and a flow of **cool vibrations** from the fontanel area.”

*Shri Mataji Nirmala Devi*



## The mantras

Om twameva sakshat, **Shri Mahalakshmi, Mahasaraswati, Mahakali, Trigunatmika Kundalini** Sakshat, Shri Adi Shakti Mataji, Shri Nirmala Devi Namoh Namaha.

Om twameva sakshat, **Shri Kalki** Sakshat, Shri Adi Shakti Mataji, Shri Nirmala Devi Namoh Namaha.

Om twameva sakshat, **Shri Kalki Sakshat, Shri Sahasrara Swamini, Moksha Pradayini Mataji**, Shri Nirmala Devi Namoh Namaha.



# First part of the three great mantras



'Maha' means great so we are regarding the higher forms of

- Shri Lakshmi** (the nabhi, looks after our overall central channel and ascent)
- Shri Saraswati** (the swadisthana, looks after our overall right channel as the right channel starts from swadisthana)
- Shri Kali** (the dark goddess of destruction, the alter form of Shri Parvati who is the female aspect of Shri Shiva. She looks after our left channel).



# First part of the three great mantras

- So the three goddesses are the female aspects of the 'Trimurti' or triad three main gods: Shri Shiva, Brahma & Vishnu.
- 'Trigunatmika' means:
  - Tri means three
  - Gun means qualities
  - Atmika means essence
- So altogether the first mantra means:



Om twameva sakshat, **Shri Mahalakshmi, Mahasaraswati, Mahakali, Trigunatmika Kundalini** Sakshat, Shri Adi Shakti Mataji, Shri Nirmala Devi Namaha.

Amen, Oh Divine Mother Shri Mataji, verily You are Shri Mahalakshmi, Mahasaraswati, Mahakali the essence of the three qualities (of sustenance, creation and destruction), you are also the Kundalini (the primordial female power). Salutations/we surrender to you!



## Second part of the three great mantras

Om twameva sakshat, **Shri Kalki** Sakshat, Shri Adi Shakti Mataji, Shri Nirmala Devi Namoh Namaha.

- Kalki is considered to be the 10<sup>th</sup> incarnation of Shri Vishnu: described as the immaculate rider of the last days of Kali-yuga, the deity of the Sahasara Chakra
- Also known as Shri Mataji
- Amen, Oh Divine Mother Shri Mataji, verily You are Shri Kalki. Salutations to you!





## Third part of the three great mantras

Om twameva sakshat, **Shri Kalki Sakshat, Shri Sahasrara Swamini, Moksha Pradayini Mataji**, Shri Nirmala Devi Namoh Namaha.

- Moksha means spiritual liberation
- Sahasrara swamini means Goddess of the Sahasrara/the one who resides at the Sahasrara
- Amen, Oh Divine Mother Shri Mataji, verily You are Shri Kalki, the Goddess of the Sahasrara and the One who gives spiritual liberation. We salute/surrender to you.





## The mantras again



Om twameva sakshat, **Shri Mahalakshmi, Mahasaraswati, Mahakali, Trigunatmika Kundalini** Sakshat, Shri Adi Shakti Mataji, Shri Nirmala Devi Namoh Namaha.

Om twameva sakshat, **Shri Kalki** Sakshat, Shri Adi Shakti Mataji, Shri Nirmala Devi Namoh Namaha.

Om twameva sakshat, **Shri Kalki Sakshat, Shri Sahasrara Swamini, Moksha Pradayini Mataji**, Shri Nirmala Devi Namoh Namaha.





Let's meditate now

