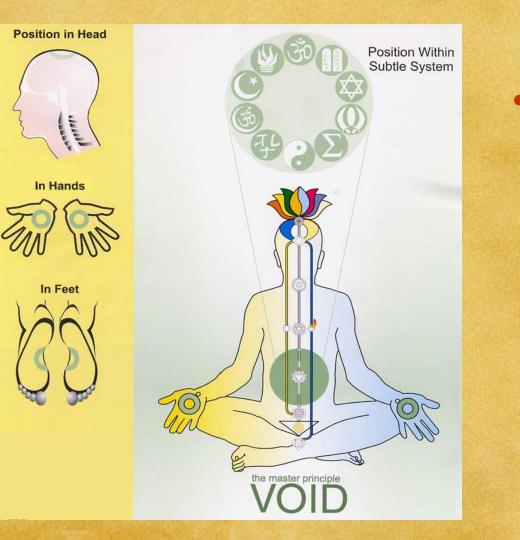
The Void Ocean of Illusions



Righteousness (Dharma) and Gravity





 Located around the navel



Characteristics

- Element: Water
- Color: Green



- Physical Place: Around Nabhi
- Place on Hand: Around center of palm
- Also called Bhavasagra the ocean of illusion. It corresponds to the worldly lures one has to overcome in order to become the spirit.

SAHAJAYOGA

Qualities and Benefits

- Being one's own master
- Balance and depth
- Dharma righteousness, virtue
- Gravity
- Steadiness, decisiveness
- Being able to guide and help others to evolve spiritually

SAHAJA**YOGA**

10 Primordial Masters

The Guru Principle has incarnated 10 times to guide humanity.



Raja Janaka 6000 BC, India



Abraham 2000 BC, Mesopotamia



Moses 1300 BC, Egypt, Israel

y Za

Zarathustra 1000 BC, Persia





Confucius 551 BC, China

Σ

Socrates 469 BC, Greece

Mohammed 570 AD, Arabia



Guru Nanak 1469 AD, India



Shirdi Sainath 1856 AD, India SAHAJAYOGA

The Void Mantras

Guru Brahma Guru Vishnu Guru Devo Maheshwarah Guru Sakshat Parabrahma Shri Mataji Nirmala Ma Tasmai Shri Guruve Namah The Guru is Brahma The Guru is Vishnu The Guru is the Great Lord Shiva The Guru is truly the Supreme Spirit Immaculate Mother Shri Mataji To You, Our true Guru, we bow

SAHAJA**YOGA**

AUM twameva sakshat, Shri Adi Guru Dattatreya Sakshat, Shri Adi Shakti Mataji, Shri Nirmala Devi Namo Namaha

Amen, O Divine Mother Shri Mataji, verily You are (insert deity name). Salutations to you!

The Void Causes of Problems

Causes

 Going against the Dharma (10 commandments: lying, stealing, killing, adultery, etc.)

SAHAJA**YOGA**

- Denouncing religions
- Fanaticism
- Undignified behavior
- Alcohol
- Reading books by false gurus
- Materialism, misuse of money

The Void How to Balance

Use of

- Vibrated water
- Vibrated salt for left side
- Vibrated food
- Vibrated sugar for right side
- Surrender to the real guru
- Regular foot soaking
- Mantras and affirmations



The Void How to Balance

Affirmations

- Mother, I am my own guru.
- Mother, You are my guru.



