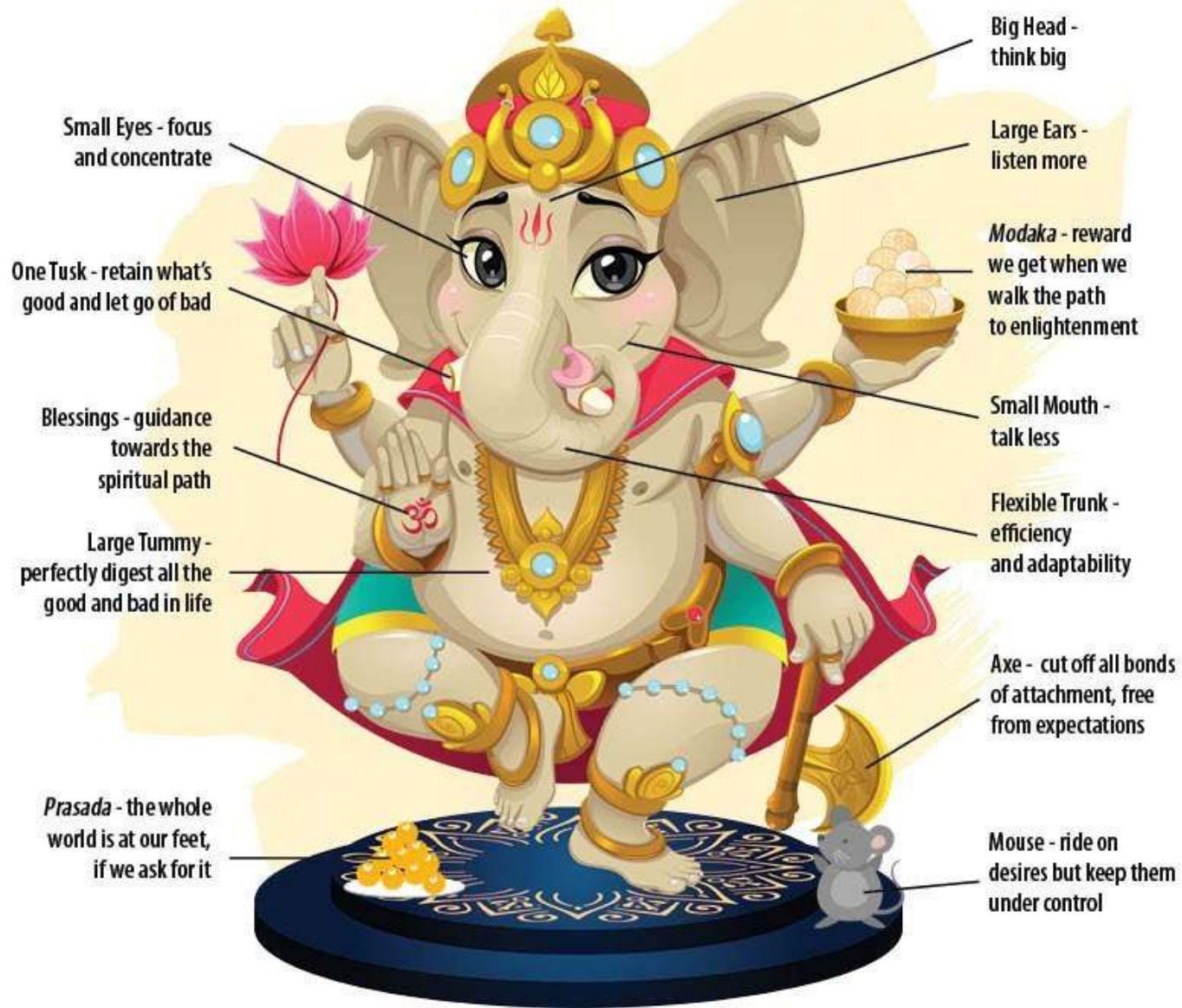


Who is Shri Ganesha?

- ❖ Represents the 1st chakra
- ❖ Country: Australia
 - ❖ Uluru is considered a sacred place representing Shri Ganesha
- ❖ 4 petals: Wisdom, Purity/Chastity, Innocence, Spontaneity.
- ❖ Remover of obstacles, regarded first before anything auspicious.





Let's learn the mantras...

Om Twameva Sakshat Shri (insert deity name)
Sakshat Shri Adi Shakti Mataji Shri Nirmala Devi
Namo Namah

Om (Amen) Twameva (you are) Sakshat (verily) Shri (insert deity name)
Sakshat Shri Adi Shakti (Primordial) Mataji (Mother) Shri Nirmala Devi
Namo Namah (salutations to you).

Amen, O Divine Mother Shri Mataji, verily You are (insert deity name).
Salutations to you!

Mooladhara mantras

Centre: Om Twameva Sakshat Shri **Ganesha** Sakshat Shri Adi Shakti Mataji Shri Nirmala Devi Namoh Namah

Left: Om Twameva Sakshat Shri **Nirmal Ganesha** Sakshat Shri Adi Shakti Mataji Shri Nirmala Devi Namoh Namah (Nirmal means Pure)

Right: Om Twameva Sakshat Shri **Kartikeya** Sakshat Shri Adi Shakti Mataji Shri Nirmala Devi Namoh Namah (Kartikeya is the brother of Shri Ganesha)

Shri Ganesha prayer

Shri Ganesha

I'm going to be worthy of Your attention

Please make me innocent so that I'm in Your attention

Shri Mataji You who are Shri Ganesha

Please give me wisdom and discrimination

Jai Shri Mataji