

FREE EVENT

SAHAJA YOGA MEDITATION PRESENTS

*a program of music
& meditation with...*

Music of Joy

Enjoy the most uplifting World Music

A joyful mix of rhythms, styles and instruments

An experience of true meditation to stop your thoughts

An unforgettable event suitable for the whole family



SATURDAY 6 MAY 1.30pm to 3pm

Mittagong Playhouse

114/116 Main St. For more info, call 0413 187 495
www.musicofjoy.com.au - www.freemeditation.com.au