

FREE EVENT

SAHAJA YOGA MEDITATION PRESENTS

*a program of music
& meditation with...*

Music of Joy

Enjoy the most uplifting World Music

A joyful mix of rhythms, styles and instruments

An experience of true meditation to stop your thoughts

An unforgettable event suitable for the whole family



SATURDAY 2 DECEMBER 7.30pm to 9pm

Hornsby War Memorial Hall

2 High Street, Hornsby. For more info, call 0425 223 304
www.musicofjoy.com.au - www.freemeditation.com.au